



FINAL INSTRUCTIONS TO ALL RIDERS:

Route Map	Published on our website, emailed and on our Facebook page
Registration	Sunday 2nd February from 9am At Cringle South West Car Park (Closest to Ronaug)
Rider Briefing	Sunday 2nd February at 9:50am
Practice	Sunday 2nd February at 10:00am
Racing	Sunday 2nd February at 12:00pm
GC Time	10 minutes approximately
Maximum Time Limit	2 hours and 5 minutes - After which point a 10 second penalty imposed for every minute you are late back
Minimum Time Limit (For E-Bikes)	1.5 hours
Course	3 stages
Protective Clothing	Crash helmet must be worn at all times. Knee pads are recommended
Timing Card	Failure to return your SIAC after the event will result in a £60 charge
Starting Order	Riders will be set off from the event centre in groups of 4, leaving every minute. You will be told which stage to go to. The starting order is published the day before the event and is on display at sign on.

Manx MTB Enduro - Okell's Mash Up

Starting procedures	Stages must be ridden in the order specified on the route map. Set off leaving a minimum gap of 20 seconds between each rider at the start of every stage. Stay 6m away from the start beacons before you are ready to race.
Results	Will be live as riders finish and published later that day
E-Bikes	Only factory e-bikes allowed. No "chipped" bikes. If you are caught on a modified bike then you will be disqualified.
Awards	Approx. Sunday 2:15pm at the event HQ
Bike	If you are racing on a regular bike you must practice on a regular bike (Not an E-Bike)
Refreshments	Burger & Okell's MPA Included in the entry fee
First Aid	Event first aid contact telephone number is printed on the rear of your number board
Contact	www.manxmtbenduro.com Facebook: Manx MTB Enduro Official telephone: 07624 488048

Please park sensibly and use the other car parks